



# Spill the Beans

## Are You Prepared?

You're never too young, too healthy, or too well informed to talk about IT!

What if you had a stroke and you no longer knew who you were, where you were, or who you were with? What qualities in life are important to you?

What if you were in a terrible car accident and were completely paralyzed? Would living on machines be okay with you?

Who do you want to make your medical decisions for you? Do they know what's important to you? Even when decisions could be hard, are they strong enough?

What does a healthy person need to decide now?

Is there such a thing as being "too young" to talk about IT?

*Give the gift of knowing the decision, not the burden of being forced to make them.*

Register now. Space is limited. Call **231-935-7685** or email [advancecareplanning@mhc.net](mailto:advancecareplanning@mhc.net)  
This is a free public service.

*We will give you the tools to answer these questions!*



101 N. Park St.  
Traverse City, MI

**Tuesday, April 22**  
10 - 11:30 am

