

BASA MINUTES

Wednesday, June 19, 2019

- 35 people were in attendance.
- **PRESENTER:** Cindy McGarry, Bright Star Care
A Private Duty / Private Pay Home Health Care company, providing skilled nursing care, personal care and companion care from Manistee to 75 to Cheboygan. With 10 years of experience working with all ages from pediatrics to geriatrics, they have recently extended their services to Benzie. Bright Star holds Joint Commission Accreditation which is a nationally recognized organization that accredits the best hospitals and other major health care systems in the country. Not only do they provide care to private individuals, they also provide relief staffing in facilities when employees are on vacation, maternity leave or have extended time off. All staff is supported with continuing education as well as CPR and Dementia Care training.
- **PRESENTER:** Connie Hintsala, Alliance for Senior Housing
A FREE Senior Housing Placement Service Connie has been in business for 19 years, seems like yesterday, even before the internet was in daily use. Connie will go to their residence, sit and listen to the desires of the client and the family and get to know what they need and what they can afford. Because of her knowledge of the homes in the area, the client's specific challenges and the cost of each home, she can then advise the family on the best possible solutions for them to choose from. Connie's goal is to Assess, Educate and Inform her clients on Independent Living, Assisted Living and Retirement Centers in the area. She does not work with low income housing. Connie advocates for her client and collaborates with other agencies, knows what funding is available and the criteria for that funding. She is also available to give presentations to groups or agencies from 10 minutes to 1 hour long.
- **SPEAKER:** Lisa Robitshek, Meals on Wheels
Part of North West Community Action Agency which also oversees Headstart and Early Headstart. They pride themselves on being more than a meal: Conversation / Hug / Safety Check. They do not leave food if the client is not there because of food safety and their inability to do a quick onsite safety assessment. If they find an issue they call 911 and then stay with them until the emergency responders arrive. Their volunteers can guide them to go to the doctor or seek treatment if they notice things are amiss. They have very strict dietary guidelines: a protein, 2 vegetables, fruit, starch and milk, prepared by Goodwill. Mission Statement: "Improve Health and Quality of Life of vulnerable homebound seniors by delivering vital nutrition, compassionate visits and safety checks, enabling the seniors to live nourished lives with independence and dignity." They service over 60 homebound seniors in the 5 county area. It is a program that is not based on income and they have no income max. The cost of each meal is approx. \$6.58 but there is no cost to the client - they do send out statements that tell the recipient how many meals they received and they can make a donation if they would like. They are 30% government funded and the rest of the costs are covered through donations and fundraising. Meals on wheels does not feed animals. Volunteers make a 1-1/2 to 2 hour commitment per day.
- **STEERING COMMITTEE REPORT:**
We moved our meetings to the larger room at Michigan Works in June - please go through the front door.
BASA Care Awards - John Elwell, Coordinator: 8 to 10 grants at \$1000 per organization are given away each year in the fall. Nominations are currently being accepted - the nomination forms are on the website.
Host/Presenter - Greg Tarrant, Coordinator: Up to 3 presenters per meeting - Full agenda through the end of the year. Presentations should be an enhanced intro of your organization or business.
Finances - \$33,650 was generated by the Senior Expo and \$5,000 through Expo sponsors.
- **MEMBERSHIP**
Irene Hogan is our Membership Chair.
There are 102 Paid members at present
2019 dues are \$35 for new members. Dues have increased as of January 1, 2019 to \$50 for current members. If you are a new member please make sure you get on the website and check it out. There is an orientation on the website to introduce you to BASA and familiarize yourself with BASA's contributions to the community and its role in supporting the seniors in our area. If you need a nametag see Irene or Russ.
- **MEMBERS IN THE NEWS:**
Hettie from Parkinson's Network will throw out the first pitch on July 28th at the Pit Spitters Game.
- **SENIOR EXPO 2019:** 18th Year - "Senior Derby" May 15, 2019
94 exhibitors - down from last year
1631 Attendees - 23% increase from last year
Best Booth: Boardman Lake Glens
1/3 of attendees had not attended before
Most attendees stayed between 1 to 2 hours
The last hour 100 people came through
Thank you all Expo Committee members for a job well done
- **SENIOR SUPPORT**
Meeting immediately following July 17th General BASA Meeting.
Beth is stepping down as Senior Support Coordinator.
\$14,000 has been allocated in our budget to provide mini grants up to \$500 each that can be awarded to seniors in need. All forms and instructions can be found on the website. All the funding comes from the Senior Expo.
- **ANNOUNCEMENTS**
Prime Time News: Housing Directory is getting ready to be published - 5,000 books are distributed - Deadline is at the end of June.
Commission on Aging: The bus that has been running 5 days a week is now down to 4 days a week.
Alzheimer's Association: Walk is September 28th - Accelerate the Cure - Classis Car Show on Friday night before the walk.
Heartland Hospice: Looking for a Social Worker.
Chronic Care: Expanding to Antrim County. They are looking for a part time Social Worker.
Leelanau Senior Services: Great Expo - over 500 attendees.
Guardian Services: Expanded to the Charlevoix/Petoskey Area.
Senior Center: Comfort Keepers is hosting an Ice Cream Truck at 11:30 on June 26th.
Comfort Keepers: Thursday, June 26th - all caregivers are planting marigolds with their clients at the same time.
GT Pavillons: Their first 2 concerts on the lawn were a big success - 1000 people for the 1st concert, 800 people attended the second. PACE North is looking to hire a Marketing Director
Parkinson's North: The Parkinson's Forum this year was packed. Best Forum ever.
Reynolds Jonkhoff: Lunch and Learn on July 15th at 11:30 pm - please call for reservations,
Munson Home Health: New facebook page
Harbour Care: New Director - Amy